



Seed  
2024

# CREATION CARE DISCIPLESHIP PACKET

Week 3: Stewards over the Land



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Community Service  
Committee

# SCRIPTURAL MEDITATION:

## - Leviticus 25:2, 4

Speak to the people of Israel and say to them, When you come into the land that I give you, the land shall keep a Sabbath to the LORD... but in the seventh year there shall be a Sabbath of solemn rest for the land, a Sabbath to the LORD. You shall not sow your field or prune your vineyard.

## - Psalm 24:1

The earth is the LORD'S and the fullness thereof, the world and those who dwell therein,



## Reflection:

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The Bible teaches about God's deep love for the creation and our responsibility to protect and nurture His works. The land is God's gift, sustaining life, providing resources, and reflecting God's glory. God commanded us to cultivate and keep the land, which is a way for us to practice love and respect for creation, maintaining God's order in creation. We must be wise and responsible stewards in protecting and nurturing God's creation. This involves not polluting or destroying the land but preserving and restoring it, expressing our love and awe for God's creation. Therefore, we should participate in the work of God's love by maintaining the health of the land and creating an environment where all life can coexist.

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## CREATION FACTS:

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- 37% of greenhouse gas emissions come from the production of food.
- Meat and dairy production occupy 77% of all agricultural land and account for 60% of agricultural carbon emissions. Therefore, reducing meat and dairy consumption can help decrease greenhouse gas emissions.
- Most soft drinks use corn syrup produced through unsustainable farming practices, contributing to environmental pollution.
- It takes 45 gallons of water to make a 16-ounce (about 0.5 liter) soft drink (while 785 million people live without access to clean water).
- Energy production and food waste account for about 80% of land pollution. 80% of items sent to landfills could be recycled. Due to land pollution, the Earth loses 24 billion tons of topsoil every year.
- It takes 500 years to regenerate 2.5 cm of topsoil. The United States is losing topsoil 17 times faster than the soil formation rate. Americans make up only 5% of the world's population but produce 30% of the world's waste.

## - FACTS:

Reducing food waste, meat consumption, and the consumption of soft drinks, along with implementing well-planned recycling habits in our homes and workplaces, can help protect the soil.

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## - PRACTICE:

By implementing the following activities in our homes, businesses, and MC (missional community) gatherings, we can practice reducing waste.

1. Practice a vegetarian diet without meat for one week in our homes and MC gatherings.
2. "Clean out the fridge" for a week - by consuming food that has been stored in the refrigerator for a long time, we can reduce food consumption, decrease the energy used by the refrigerator, and contribute to environmental protection by learning to consume what we already have instead of buying more.
3. Practice reducing the consumption of soft drinks for a week. Let's bring our own mugs or water bottles to this week's MC gathering to reduce the use of soft drinks and containers.
4. Don't forget to collect plastic/can waste and bring it to the church to contribute to recycling efforts. ^^